



# Euxton Church of England Primary School

Bank Lane, Wigan Road, Euxton, Chorley, Lancashire, PR7 6JW

☎(01257)2634

Website: [www.euxtonceprimary.co.uk](http://www.euxtonceprimary.co.uk) e-mail: [head@euxton.lancs.sch.uk](mailto:head@euxton.lancs.sch.uk)

Headteacher: Mrs Mairi Ash



In our Christian family, we all **SHINE** in the light of Jesus.

Friday 10<sup>th</sup> October 2025

Dear Parents,

## **Euxton Superstars!**

Congratulations to this week's class Superstars:

Reception: Barney

Year 1: Elsie

Year 2: Alex

Year 3: Violet

Year 4: Ollie

Year 5: Lois

Year 6: Isla

Well done to you all!



## **Wear it Blue Day**

How lovely to see everyone in shades of blue today in recognition of World Mental Health Day! We chose to wear blue to support the charity Lancashire Mind. Thank you for all of the kind donations. We raised a wonderful total of **£186.00** which we will send to Lancashire Mind on your behalf.



## **Football News**

Mr Westwell reports that our girls football team concluded their league fixtures this week with two excellent performances. A win in the first game as well as a draw from an exciting second game were enough to see the girls qualify for the finals next week.

Good luck to both the girls and boys teams in their finals!



## **Online Safety**

Please see the guidance below with help on how to deal with traumatic and challenging events.

### High School Open Evenings

Please see below many of the local secondary schools Open Evenings information:

**Southlands High School – Open Day 14<sup>th</sup> October 9.15am-10.45am**

**Holy Cross High School – Thursday 16<sup>th</sup> October 4.30-7pm (last entry 6.30pm)**

Please check the school website before a visit as some have booking systems on there. Should any parents wish to take their child round schools during the school day then please just let us know. We fully appreciate it's a big decision and we are happy to help in any way we can.

### Mimi Bracelets

Due to popular demand, the Y6 girls are having another bracelet sale next **Wednesday 15<sup>th</sup> October** during break and lunch times. Bracelets are £5 each. Please only buy bracelets on these specific days rather than sending cash into school on other days. Thank you for your incredible support with this bracelet sale and to the girls for putting the time and effort in to make them.

### Nasal Flu Spray

The school health team are in school on **11<sup>th</sup> November** to administer the nasal flu spray to all children whose parents have given permission. The link to give permission has been sent to all parents again via email this week. Please respond asap – the link closes **next Friday 17<sup>th</sup> October**. If you don't want your child to have the nasal spray, please complete the section in the link.

### Living Waters

Thank you again to everyone who donated food to our harvest appeal last week. This week, we were visited by Living Waters food bank, who came to collect our donations with the help of our school council. The children requested that we have a permanent container in school to collect food donations all year round and this will be delivered next week – more information on this when it arrives. Thank you to our school council for this great initiative!



### Parents' Meetings

We look forward to meeting with parents on **Monday 20<sup>th</sup> October** to discuss how the children have settled into their new classes and the progress they are making. Teachers will be in the school hall. Appointments are **5-minute slots** starting from 2.30pm. If you think more discussion time is needed, please make arrangements to meet with your child's teacher on another day. Appointments are still available to book via the School Spider App. We look forward to seeing you.





### PTFA Autumn Disco

**Thursday 23rd October (last day of this half term):**

- Reception, Y1 and Y2: 3.30pm -4.30pm (Reception parents are welcome to accompany their child)
- Y3, Y4, Y5 and Y6: 4.40- 5.40pm

Attached is a flyer with a QR code to pay for your child's ticket. There is also a poster on the parent noticeboard and front door. A physical ticket won't be issued as the PTFA will have class lists with all those who have paid for the disco as you arrive. Ticket price includes a drink and tuck shop will be available on the night. We hope to see you there!



### Safety in PE

Chorley SSP have updated their guidance regarding jewellery. We would like to inform all parents that for the safety of all children, jewellery is **not** to be worn during PE lessons. This includes earrings, bracelets and watches. All children will be asked to remove their jewellery at the start of every PE lesson. This will ensure their own safety during the lesson and the safety of others.

Children will be asked to take out their own earrings. Staff will not be able to do it for them. For this reason, if your child is not confident taking out earrings, please do not send your child to school with earrings on

PE days. Please see class blogs for your child's PE days. If they are unable to take out their earrings, children will have to take another role in the lesson such as observing, coaching or officiating. Thank you for your support in keeping our children safe.



### Reading Volunteers

We are looking for more reading volunteers to support school. We already have some wonderful members of our school family who come into school weekly. The children benefit enormously from volunteers as positive role models in the classroom and the extra reading sessions really help improve reading confidence and enjoyment.

If you have some free time in the week to share with the children and would like to help spread the joy of reading in school, then please contact Mrs Obertelli via the school office. Any help is much appreciated by all. Thank you For all your support.



### Healthy Snacks

As a school we like to promote a healthy balanced diet. Please support us by only sending children into school with healthy snacks.

Please can we remind parents that if children have toast in the morning, they only need one snack for afternoon play

Fruit is provided for free for infant children to support a healthy diet. Unfortunately, we are seeing lots of wasted fruit and food due to a high number of snacks coming

into school. Please only send **one snack per break** if needed. Thank you.



### Community Centre Open Afternoon

The Church Community Centre is hosting an open afternoon on **Saturday 18th October**. The centre will be showcasing its various groups and activities. Refreshments will be available.

All are welcome to come along between 2.30pm until 5pm to see what your village community centre offers! Please share with others in the community. Thank you.

## **Half Term Holiday Clubs**

### **The Football Development**

Matt Walsh and the team are back in our school holding another hugely popular holiday club in the half term break. Please see the poster attached for more information and guidance on how to book your child in.

### **First Kick Holiday Club**

This multi-sport and football camp takes place at Southlands High School PR7 2NJ from Monday 27<sup>th</sup> to Friday 31<sup>st</sup> October. For more information and to book please visit [www.firstkick.co.uk](http://www.firstkick.co.uk) or call 01772 428086. We have been given a 1-day free voucher by the club. Please contact Mrs Hodges if your child would like to use it – first come, first served.

### **Southlands Community Sports**

Half term clubs are also taking place at Southlands High School PR7 2NG. Please see the flyers attached to this newsletter for more information and booking details. **Chorley SSP Holiday Clubs**  
Several holiday clubs are being held during half term. Please see the flyers below with more information and details on how to book.

### **Dates ahead (including festive dates):**

**Monday 13<sup>th</sup> October** – Y5 and Y6 Crucial Crew trip to Inspire Youth Zone

**Wednesday 15<sup>th</sup> October** – Reception class balance bike training

**Thursday 16<sup>th</sup> October** – Reception class balance bike training

**Monday 20<sup>th</sup> October** - Parent's Meetings from 2.30pm in the school hall.

**Wednesday 22<sup>nd</sup> October, 10:00am** – Open day - if you would like to attend, please complete the sign-up form found on the front page of our school website.

**Thursday 23<sup>rd</sup> October** – end of half term. School closes at 3.30pm. After school club on as usual.

**Friday 24<sup>th</sup> October** – school closed for staff training INSET day.

**Monday 3<sup>rd</sup> November** - school open after half term break

**Tuesday 18<sup>th</sup> November, 10.00am** – Open Day

**Thursday 4<sup>th</sup> December, 9.30am and 2pm** – Infant Nativity Performances for parents and grandparents

**Monday 8<sup>th</sup> December, 2pm** - Junior Christingle Service

**Friday 12<sup>th</sup> December, 3pm** – Santa Dash

**Monday 15<sup>th</sup> December** – Whole school panto of Peter Pan in school

**Tuesday 16<sup>th</sup> December** – Christmas Party Day

**Wednesday 17<sup>th</sup> December** – Grandparents Coffee Morning (more info to follow after half term)

**Wednesday 17<sup>th</sup> December, 2.45pm** – Rock Steady concert

**Thursday 18<sup>th</sup> December, 3pm** – Carols in the hall

**Friday 19<sup>th</sup> December** – last day of term, school finishes at 1.30pm (no ASC on this day).



Have a peaceful weekend.  
Best wishes,

Mrs Mairi Ash  
Headteacher



# The Football Development Programme

Football, Numeracy and Healthy Eating in Lancashire



## EUXTON CE PRIMARY SCHOOL October Half Term Football Course 2025



Monday 27<sup>th</sup> – Friday 31<sup>st</sup> October 2025

9am – 3pm each day

Boys and Girls aged from 5 - 12

£65.00 for the week

\* Courses run by UEFA 'A' & 'B' Licence Coaches \*



BOOK ONLINE by visiting [www.thefootballdevelopmentprogramme.co.uk](http://www.thefootballdevelopmentprogramme.co.uk)



Children will take part in a variety of practices that involve:  
Dribbling, Running with the Ball, 1 v 1's, 2 v 2's, Turns & Skills  
as well lots of Shooting and Small Sided Games



Football Development Gym Bag for all who attend  
Nike Prizes and Engraved Trophies to be won on the final day



**BOOK ONLINE NOW**





# SOUTHLANDS

COMMUNITY SPORTS

DODGEBALL  
FOOTBALL

ROUNDERS  
NETBALL

PICKEBALL  
AND MORE..

## WHERE EVERYONE CAN PLAY

Monday 27<sup>th</sup> October Friday 31<sup>st</sup> October 2025



Ages  
8-14

Place

Southlands High  
School, Clover Road  
PR7 2NJ

SIGN UP



Instagram  
[@southlandssports](https://www.instagram.com/southlandssports)



Southlands  
Community  
Sports

Contact:

[Southlandscommunitysports@gmail.com](mailto:Southlandscommunitysports@gmail.com)



**SOUTHLANDS**  
COMMUNITY SPORTS



Ages  
**8-14**



Place  
Southlands High  
School, Clover  
Road PR7 2NJ

## SPORTS CAMP & CHEER CAMP

**SIGN UP**



**£85 for the full week**

**includes snack and drink each day**

**SOUTHLANDS**  
COMMUNITY SPORTS



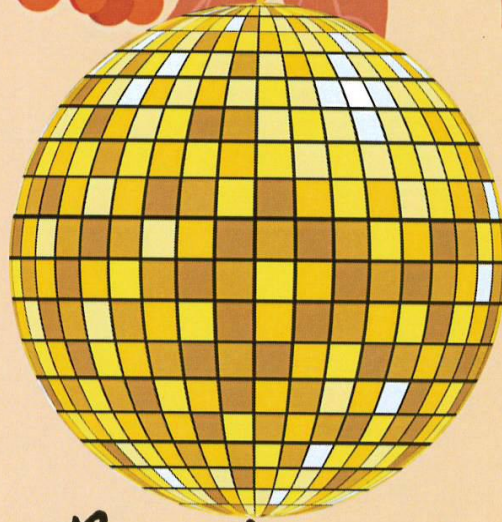
Instagram: @southlandssports



Southlands Community  
Sports

Contact: Southlandscommunitysports@gmail.com





# Autumn DISCO

**Thursday 23rd October**

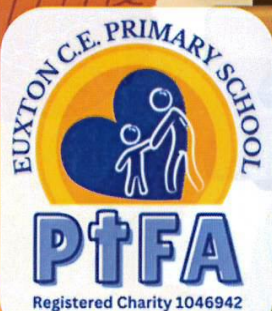
**Infants 3.30 – 4.30**

**Juniors 4.40 – 5.40**

**Advance Tickets**  
**£3.50** includes juice



\*Include surname and year group/s  
as payment reference. Tickets on the door £4







**CHORLEY**  
SCHOOL SPORTS PARTNERSHIP

PRESENTS

**CREATIVE CAMP**

**28<sup>TH</sup> - 30<sup>TH</sup> OCTOBER**

**£22 A DAY OR £60 ALL THREE DAYS**

**BOOK ONLINE AT:**  
[www.chorleyssp.co.uk](http://www.chorleyssp.co.uk)

**CHORLEY ST PETER'S  
C.E. PRIMARY SCHOOL**  
Eaves Lane PR6 0DX

**j.milner@chorleyssp.co.uk**  
**01257 824798**

**FREE HAF PLACES FOR ELIGIBLE FAMILIES**

**Ages 5-11**

**9:30AM - 3:00PM**



**CHORLEY**  
SCHOOL SPORTS PARTNERSHIP

**OCTOBER  
SPORTS CAMP**

**28<sup>TH</sup> - 30<sup>TH</sup> OCTOBER**

**£22 A DAY OR  
£60 ALL THREE DAYS**

**9:30AM - 3:00PM**

**BOOK ONLINE AT:**  
[www.chorleyssp.co.uk](http://www.chorleyssp.co.uk)

**LANCASTER LANE  
PRIMARY SCHOOL**  
Hunters Road PR25 5TT

**01257 824798**  
**j.milner@chorleyssp.co.uk**

**FREE HAF PLACES FOR ELIGIBLE FAMILIES**

**Ages 5-11**

# OCTOBER LEARN TO RIDE

 **CHORLEY ST PETER'S  
C.E. PRIMARY SCHOOL**  
Eaves Lane PR6 0DX

MONDAY 27<sup>TH</sup>  
OCTOBER



10:00AM - 11:30AM

MONDAY 27<sup>TH</sup>  
OCTOBER



12:30PM - 2:00PM

ONLY ONE BOOKABLE SESSION REQUIRED  
BOOK ONLINE AT:  
[www.chorleyssp.co.uk](http://www.chorleyssp.co.uk)

£25

A  
SESSION

Ages  
4-12



**CHORLEY**<sup>®</sup>

SCHOOL SPORTS PARTNERSHIP

 01257 824798

 [j.milner@chorleyssp.co.uk](mailto:j.milner@chorleyssp.co.uk)





# 10 Top Tips for Parents and Educators

## DEALING WITH TRAUMATIC & CHALLENGING EVENTS

Children and young people may face a wide range of traumatic or challenging events – from bereavement and illness to bullying, family breakdowns, or witnessing violence. These experiences can affect their mental health, behaviour, relationships, and academic progress. With the right support from trusted adults, children can begin to feel safe, rebuild resilience, and develop healthy coping strategies. This guide offers practical and empathetic ways to provide support and promote positive outcomes.

### 1 A PREDICTABLE ENVIRONMENT

Children who have experienced trauma often feel unsafe or uncertain. Creating routines, setting clear expectations, and maintaining consistency can help restore a sense of security. This structure offers reassurance and helps children feel more in control of their surroundings.

### 2 USE LANGUAGE THAT MATCHES THEIR AGE

Speak clearly and sensitively, choosing words that are appropriate for the child's age. Avoid overwhelming them with too much information at once. Offer gentle, honest explanations and focus on reassurance, especially when talking about difficult or sensitive subjects.

### 3 TRAUMA AND THE BODY

Mention briefly that trauma can show up in physical ways, such as changes in sleep, appetite, concentration, or as physical aches and pains. Consider this before labelling behaviour as 'difficult' or 'lazy'. Some children may become withdrawn, while others may be more outwardly challenging. Highlight that there's no 'one way' children respond.

### 4 AVOID RETELLING OR RELIVING TRAUMA

Children sometimes get asked to explain or repeat their experience multiple times. Striking a balance of when to listen and when to gently redirect can help to avoid unnecessary re-traumatisation. Acknowledge, but don't probe for detail unless safeguarding procedures require it.

### 5 AVOID DISMISSING OR MINIMISING FEELINGS

Seemingly well-meaning comments like "It's not that bad" or "You're okay" may shut down children's emotional expression and are often not helpful. Instead, acknowledge what they're feeling, even if it seems small. Validating a child's emotions helps them feel seen and encourages open communication in future.

### 6 UNDERSTAND HOW THEY'RE FEELING

Many children don't have the words to express their emotions, especially during distress. Supporting them to name what they're feeling – such as angry, scared or sad – builds emotional literacy. Tools like emotion charts, drawing, or storytelling can help externalise feelings in a safe, manageable way.

### 7 BE AWARE OF YOUR OWN RESPONSES

Children pick up on adult emotions and reactions, often mirroring them. Staying calm, even in challenging situations, helps children feel more secure. Practising your own self-regulation is an important way to model healthy stress management and encourages children to do the same.

### 8 SEEK PROFESSIONAL SUPPORT

While many children benefit from everyday emotional support, some will need more specialised help. If symptoms persist, worsen, or disrupt their daily life, consult with school safeguarding leads, a GP, or a mental health professional. Early intervention can prevent long-term difficulties and support healthy recovery.

### 9 MAINTAIN CONNECTION

Isolation can worsen the impact of trauma. Encourage involvement in group activities, praise their efforts, and ensure they feel like a valued part of the school or family community. Meaningful connection with trusted adults and peers builds resilience and a sense of belonging.

### 10 BE PATIENT – HEALING TAKES TIME

There's no quick fix for emotional recovery. Children may have good days and setbacks, and progress may not always be visible or linear. Your ongoing support, patience, and presence can help them move forward at their own pace, knowing they are not alone.

### Meet Our Expert

This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school by integrating mental wellbeing within the curriculum, school culture, and systems. She has been a member of the advisory group for the Department for Education, advising them on their mental health green paper.



#WakeUpWednesday

The National College®